

DIAGRAM OF THE "TEAMWORX" 2 DAY COURSE:

After the course we can continue with coaching of teams or individual members of the team to ensure effective implementation of the course content and to help teams to function in continued collaboration.

STEP 1

1. Every team member complete the online thinking preference questionnaire in their own time before the course .
2. Every team member complete the pencil – and - paper questionnaire on temperament and brain functioning during stress.
3. Sensory processing evaluation follows.

STEP 2

1. Each team member receives their own thinking preference feedback report.
2. Explanation and workshop on the different thinking preferences and how to use the knowledge of unique thought to create a collaborative team.
3. Coaching on how to use the knowledge of unique thought preferences in relationships, communication and conflict management.

OUTCOME:

1. Team collaboration
2. Direct communication
3. Stress management
4. Productivity
5. Emotional intelligence
6. Inspired and motivated teams
7. Conflict management
8. Healthy and focused teams
9. Implementation of coaching and behavioural tools

STEP 4

1. Workshop on how to manage the impact of stress on team collaboration.
2. Workshop on coaching and behavioural tools to manage stress and build expert teams.
3. Coaching to change and manage thought and create a direct coaching communication style.
4. Coaching to use the knowledge of though differences and stress functioning to enhance productivity and reach purpose driven goals

STEP 3

1. Each team member receives their own feedback on their unique stress functioning in the brain and sensory processing.
2. Explanation and workshop on the impact of stress on the brain, differences in stress functioning and sensory processing , and how to use this knowledge to manage conflict and react emotional intelligent .